



COLLEGE FOR LIVING

“CREATING BOLD, INDEPENDENT
FUTURES FOR YOUNG ADULTS WITH
INTELLECTUAL AND DEVELOPMENTAL
DISABILITIES.”

A WORD FROM OUR CEO

BOLD FUTURES START HERE

I am the CEO of Day Spring, a 501c3 nonprofit organization in Louisville providing homes, hope, and a path forward for adults with intellectual and developmental disabilities for more than 30 years. I am reaching out to you specifically about the opportunity to learn and consider investing in a one-of-kind Day Spring program solving one of Louisville's biggest issues.

Support from our Louisville community paved the way for Day Spring to be the answer for hundreds of families for the last three decades. Beginning in the early years with two group homes and 14 residents, Day Spring now serves 65 individuals on average in a variety of residential settings designed to meet individual needs and abilities. Our Medicaid waiver funded residential options are located across Metro Louisville and include small group homes, staffed residences, apartment buildings, and family home providers. These programs include 24/7 staffed residential support for daily living, community access services, transportation assistance, financial management and community living supports. Elected members of the Day Spring Board of Directors have passion for serving differently-abled individuals, consistently growing our grassroots agency into a thriving and forward-looking community. It is through this vision we identified a deficit in service opportunities.

There is a notable investment during the early years of childhood development with early intervention and support through K-12 in the public school system. However, young adults with disabilities aging out of high school are often left without services due to a general lack of opportunities in post-secondary education and lack of waiver support. This gap in support significantly increases the likelihood that these individuals will never capitalize on independence, life skills, social integration, and peer support. There is no other program in Kentucky providing residential life skill training, which leaves many families desperate and without a partner on their child's journey. This is not only a local issue but happens regularly across the state.

The answer to this gap in our community is the College for Living. Day Spring launched this one-of-a-kind program in 2017, designed specifically to provide a college-like opportunity for young adults with intellectual disabilities who do not have access to Kentucky Medicaid waiver services and need support to gain independence. The College for Living offers a safe and structured environment with semi-independent apartment living, mirroring the college experience many of their peers pursue. Students develop life skills that promote independence around peers and receive personalized mentorship with the goal of living independently in the community upon graduation. Students learn financial literacy, home-maker services, safe living practices, cooking, budgeting, transportation, and more! Many educational topics are taught outside of the classroom, with opportunities for students to experience art, culture, and build social connections through volunteerism. Through this program, Day Spring provides families and students a path forward from high school through services that cultivate hope, belonging, and community.



LAUREN HAYS, CEO

In 2024, the College for Living celebrated its first graduate, Daniel, who now lives independently in his own apartment complex and contributes positively to our society. Day Spring is closing the educational gap by creating a continuous journey for learning life skills in order to promote better outcomes and to cultivate engaged, productive citizens in our communities. Our graduates diversify our community, becoming our neighbors and coworkers. In December 2024, Day Spring will be celebrating the graduation of its second College for Living student!



**DANIEL NOLTEMEYER,
RECENT GRADUATE**

The College for Living is largely financially supported by individual and corporate donors and does not receive state or federal funding. Residential students live in HUD-subsidized apartments and contribute approximately \$1,400 monthly in tuition services. Our original building features only six residential apartments and is fully occupied. Feasibility study results prove that families in our community want more semi-independent apartments at Day Spring and in order to grow, we must move buildings to meet this need.

The College for Living program will be relocating to Day Spring's 19-unit apartment building located at 1522 Baxter Avenue in December 2024. This building previously provided residential waiver services but will be retrofitted and modernized to meet the needs of our rapidly growing College for Living program and the needs of families seeking to build independence for their loved one with a disability. The building will accommodate up to 19 residential students. This is an exciting development for both the Louisville community and those seeking this unique opportunity.

I ask that you prayerfully consider helping Day Spring reach its \$500,000 capital campaign goal with the commitment Day Spring will invest in many one-time capital costs for renovations of this building to meet the needs of our current and future students. Renovations and upgrades will include but are not limited to an accessible and instructional kitchen for cooking classes, a computer lab, classroom materials, recreational equipment, classroom furniture, and more. Day Spring is collaborating with Stonehenge Construction for phased development which will rely exclusively on foundation and community support. Donors contributing a minimum \$1,000 gift will be proudly featured on an everlasting donor wall within the College for Living. Funding tiers include traditional and innovative naming opportunities and range from individual rooms to instructional areas, as well as building naming rights. Naming rights will follow our board-approved campaign policy.

Please invest in strengthening the education, diversity and inclusiveness of our community by helping Day Spring's College for Living support more young adults with intellectual disabilities. We need you to help us change lives and help add more beautiful individuals to the Louisville community. This is the best donation you will ever make.

Thank you for partnering with us,

Lauren Hays, CEO

THE FOUNDATION

BOLD FUTURES START HERE

At College for Living, our mission is grounded in three fundamental pillars: community, well-being, and confidence. These essential elements form the foundation of all that we do, serving as the catalyst for not only academic success but also for a fulfilling life post-graduation. To thrive in our program and beyond, students are encouraged to cultivate a balance of community engagement, personal well-being, and unwavering confidence in their abilities.

3 PILLARS OF INDEPENDENCE AND SUCCESS



COMMUNITY

For a student to thrive independently, they need a strong circle of support. College for Living guides students in building vibrant communities through group outings, engaging events, and the supportive structure of dorm life, all empowering them toward a life of independence.



WELL-BEING

Emphasizing a holistic approach to well-being, College for Living equips students with the knowledge and skills for a healthy, safe, independent lifestyle through education, mentorship, and practical guidance.



CONFIDENCE

We have unwavering confidence in our students' capacity for independence, and work to create a secure space for them to explore unfamiliar or uncomfortable skills so that they can also have confidence in their unique skills and abilities.

THE CURRICULUM

BOLD FUTURES START HERE

The College for Living's core curriculum includes, but is not limited to culinary, home economics, communications, financial literacy, and safety. Additional educational and recreational opportunities are offered each month.



EXAMPLES OF CLASSES

- Bathroom Cleaning Hacks
- Talking in Groups
- Internet Safety
- Packing a Lunch
- Dinner Etiquette
- Kitchen Masters
- Food & Knife Safety
- Building Friendships
- Conflict Resolution
- Finances & Budgeting
- Securing Transportation

EXAMPLES OF OUTINGS & VOLUNTEERISM

- Kentucky State fair
- Sporting Events
- American Red Cross
- Humane Society
- Special Olympics
- Local Restaurants
- Movies
- Friends & Family Nights
- Louisville Mega Cavern
- Seasonal Festivals

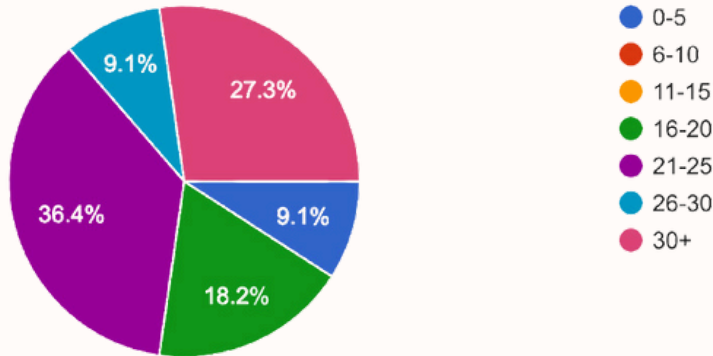
STUDENT LIFE

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Ongoing Feasibility Study of the College for Living Program:

If you have a child with an intellectual or developmental disabilities, what is their age range?



What level of independence do you envision your child with a developmental or intellectual disability being able to achieve in the future?

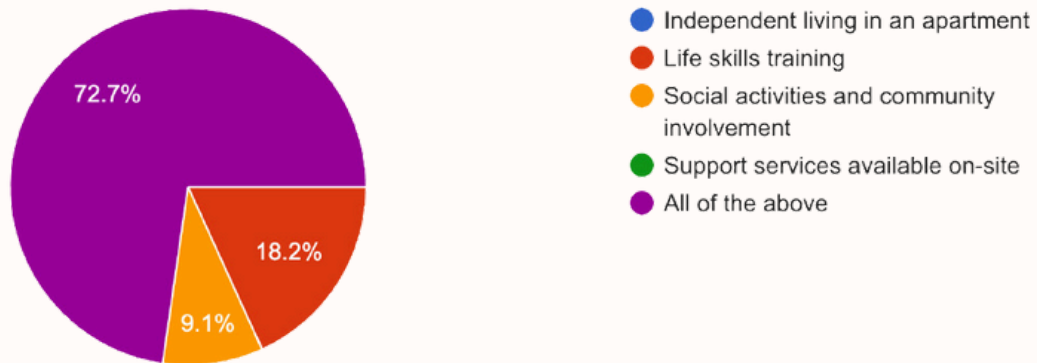


In what ways would you be willing to support the expansion of the residential program?



Ongoing Feasibility Study of the College for Living Program:

Which aspects of the residential program do you find most appealing?



- 100% of responses agreed there is a need for young adults with intellectual and developmental disabilities to have peers and a community of natural supports.
- 100% believe there is a need for life skill training for adults with intellectual and developmental disabilities.
- 100% believe there is a need for expanding programs beyond high school that support individuals with intellectual and developmental disabilities with their individual life goals.

A BRIGHTER FUTURE

BOLD FUTURES START HERE

A FINANCIALLY HEALTHY SOLUTION:

The College for Living program is transitioning into an existing 20-unit apartment building on Day Spring's campus.

This decision, endorsed by the Day Spring Board of Directors, aligns with our commitment to expand a needed program in our community while also creating a more person-centered environment for waiver-supported residents. All 24/7 waiver-supported residents will live in homes on our Illinois campus and students learning life skills will have an opportunity for a college-like dorm experience.

By repurposing our apartment building, Day Spring demonstrates its fiduciary duty, avoiding excessive multi-million-dollar expenses that new construction demands. This path enables the organization to serve more students in this underserved community now, rather than years down the line.

Expanding the College for Living is not only an opportunity to empower more students, but it also adds vital funding support for Day Spring's traditionally underfunded Medicaid programs.

The Supports for Community Living Medicaid Waiver only funds 78% of the cost to provide 24/7 care and residential support to more than 40 residents. This is Day Spring's foundational charitable mission. The College for Living will solve a huge need in our community and will generate a projected \$315,000 in additional revenue annually.

This new revenue stream will bolster Day Spring's other programs, ensuring that the care we provide remains of the highest caliber, creating a joyful and fulfilling life for every individual we serve.

A BRIGHTER FUTURE

BOLD FUTURES START HERE

THE WHY:

Day Spring's \$500,000 College for Living Expansion capital campaign is essential to achieving the program's initiatives.

When the building was constructed 20 years ago, its primary purpose was to provide housing for individuals with intellectual and developmental disabilities at various stages of their lives. As a result, the layout and design reflect a senior living facility.

The College for Living program offers young adults the opportunity to experience a dynamic, college-like atmosphere. This capital campaign will allow Day Spring to reimagine and expand the building, providing more space to accommodate additional students, creating intentional learning environments, and fostering the vibrant, communal atmosphere our students desire.

PHASE 1

TOTAL: \$300,000

Ready to break ground and complete all construction needs of the building.

PHASE 2

TOTAL: \$100,000

Purchase and assemble all furnishings of the interior space.

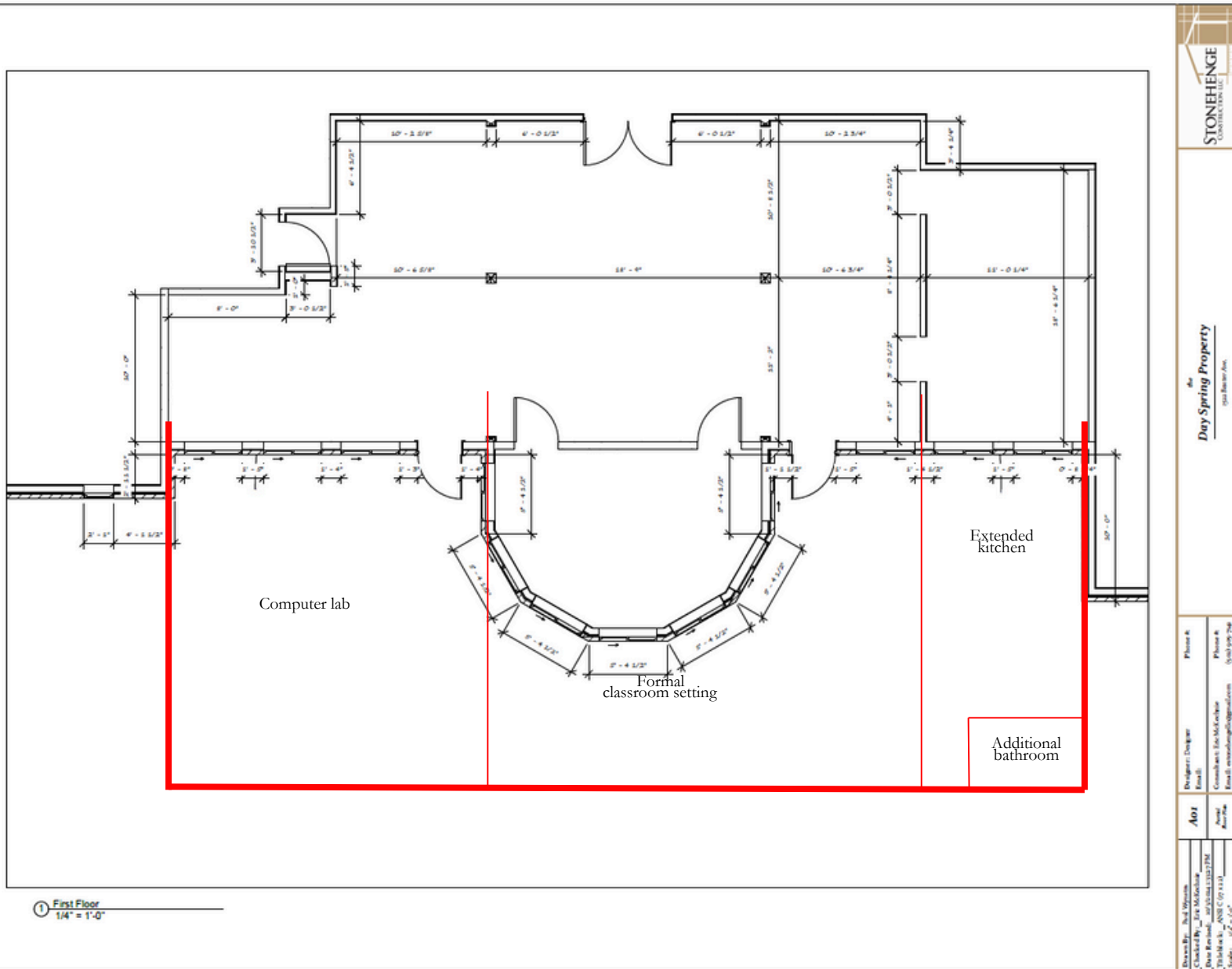
PHASE 3

TOTAL: \$100,000

Purchase additional learning materials, transportation needs, and the edible green space.

College for Living Expansion Rendering:

Day Spring is collaborating with Stonehenge Construction on a proposed remodel which will include the utilization of an additional 1830 square feet. The goals for this renovation are to include a larger instructional kitchen, computer lab, classroom, recreation area, fitness area, and bistro area.



STONEHENGE
CONSTRUCTION, LLC

Day Spring Property
1000 West Ave.

Designer: Design
Email:

ADJ
Architect

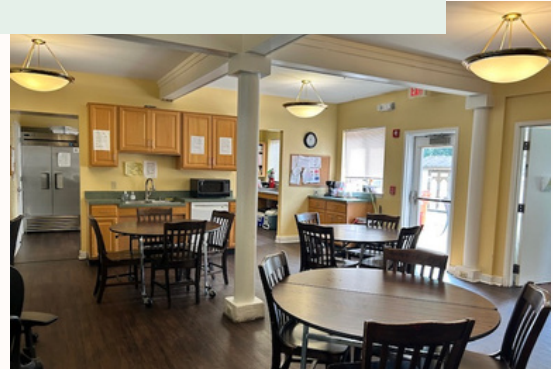
A BRIGHTER FUTURE

BOLD FUTURES START HERE

THE CURRENT SPACE:



The foyer entering the building.



Common dining area.



Current apartment unit.



Hallways

Common area
living room



A BRIGHTER FUTURE

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OUR VISION:

FITNESS CENTER



MODULAR EDUCATIONAL SPACE



INSTRUCTIONAL KITCHEN



EDIBLE GARDEN SPACE



SHOWING GRATITUDE

BOLD FUTURES START HERE

NAMING RIGHTS:

Generous financial contributions and steadfast belief in our mission by investing in the future of our community and the lives of those we serve does not go unnoticed. Our supporters shine as a symbol of hope and we are proud to showcase donors as our vital partners in making a lasting impact.

