



# Day Spring Community Living Sun Times

Volume 20, Issue 3

Fall 2016

## DAY SPRING AND COMMUNITY LIVING INC. MERGE OCTOBER 1



*Stephen McCauley (DSCL Board Chair), Eric Friedlander (Director, Louisville Metro Community Services) and Sarah Trester smile while Eric presents the Mayor's Office "Day Spring Community Living Day" Proclamation*



*Sarah Trester, CEO of Day Spring Community Living, debriefs everyone on the merger during a media press conference on October 18<sup>th</sup>*

"We are thrilled to join forces and share synergies with Community Living," said Sarah Trester, CEO of Day Spring Community Living. "It is critically important that we look to the future with a focus on creating the strongest organization possible."

On October 1<sup>st</sup>, Day Spring and Community Living Inc. united to become Day Spring Community Living. The new organization has an \$8.5 million operating budget and offers 62 combined years of experience serving adults with intellectual disabilities. Both are rooted in the needs and wishes of adults with disabilities to be empowered to live as independently as possible. Day Spring Community Living is now one of the region's largest providers of community based residential supports and services.

We now serve 130 adults through our residential and support services. "Without question, the most important beneficiaries of the merger are the individuals receiving high quality, person-centered services from Day Spring Community Living," said Steve Zaricki, COO of Day Spring Community Living.

## WE CELEBRATE RECENT MERGER

Day Spring Community Living Staff enjoyed a catered lunch and kick-off celebration after the press conference on October 18<sup>th</sup> where the all staff had the opportunity to meet and learn more about each other. There were give-a-ways, photos, and lots of mingling. "This is such an exciting time for all of us," said Belenn Resendiz.

We also brought more friends together by hosting a Fall Festival on October 22<sup>nd</sup>. At this time, our residents and families joined together for some outdoor fun and lots of introductions. Day Spring Community Living Board Members hosted the event and activities.

*Left top photo left to right back row: Ellie English, Lori English and Sarah Trester  
Front row: Robert Ward, Rena Watson Nuahzee, Sara Harrison and Hank Harrison  
Bottom left photo left to right: Ginia Raymond, Debbie Seay and Shannon Spratt  
Bottom right photo: roasting marshmallows around the fire*





# Walking on Sunshine

By Sarah Trester, CEO

This is a very exciting time for everyone connected to Day Spring Community Living! Whether you have come from Community Living or from Day Spring, you have an illustrious history full of rich experiences and relationships. As we join forces in this great new adventure, we will benefit from these good gifts that each of us brings. Together, we will be able to be more and do more than was ever possible before.

Whoever you are, whatever your role, I hope you will say "YES!" when you are asked to help Day Spring Community Living move into the future and fulfill its potential. Say "YES!" when you are invited to meet new friends from the "other" side of the family. Say "YES!" when you are asked to serve on a taskforce, committee, or team. Say "YES!" when you are asked to attend or help with a project, event, or activity. Say "YES!" when you are invited to give of yourself or your resources.

When we all say "YES!" we can fulfil our mission, and when we fulfil our mission, we change the world, one life at a time. *Day Spring Community Living enhances, empowers, and fulfills the lives of people with intellectual and developmental disabilities by encouraging self-determination; providing high quality, person-centered supports and services; and valuing the gifts of each person.* Yes, together we can do this!

Sarah

## Introductions...

Over the next few issues, it will be our pleasure to introduce the Day Spring Community Living staff and tell a little about what each team does to help us accomplish our mission. In this issue, we are pleased to introduce Day Spring Community Living's Executive Operations Team. This group of staff members is responsible for implementing the mission and policies set forth by the board to ensure the overall wellbeing and operation of the organization. Executive Operations Team members include:

Amy Barnes, Innovations and Best Practices Director

Kelly Hutchinson, Development Director

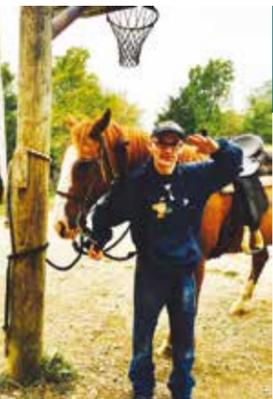
Brett Landow, Finance and Properties Director

Debra Mays, Human Resources Director

Sarah Trester, Chief Executive Officer

Stephen Zaricki, Chief Operating Officer

The Executive Operations Team is committed to making certain that all program services continue without interruption, while also focusing on integrating all aspects of former Community Living and former Day Spring operations into a single, efficient, effective, unified organization. The six members of the Executive Operations Team bring, collectively, over 170 years of experience to Day Spring Community Living. We welcome each member to the team, and are grateful for the hard work and dedication each brings to the task on a daily basis.



## THE MEN'S HOME WELCOMES ROBERT WARD

Robert Ward moved into the Day Spring Community Living Men's Home from Northern Kentucky this past Summer and he has proven himself to be quite a fun and active guy. "Robert is always telling me how happy he is, and I'm glad to hear it," said Gene Hoffman, House Manager.

Robert attends Harbor House's day program during the week and when he is not there, he stays busy with his many hobbies. He is a big UK sports fan and loves to dance to old country music. His favorite artists are Kenny Rogers, Merle Haggard and Willie Nelson. "You never know when he is going to break out into a dance," laughed Gene.

Robert is also an avid biker. He rides his bike around the Men's Home on a regular basis and this has been a great way for him to get to know his neighbors and friends that live around him.

"If Robert could do anything he wanted, it would be riding horses. He loves to ride and we go to a place that is unfortunately an hour away. So, we don't get to go as often as we'd like. Robert's move was a big transition and we are happy seeing him in his new home. Plus, he is now closer to me so of course that is wonderful," said Lori English, Robert's sister.

Top left: Robert Ward at the riding stables  
Bottom left: Lori English and Robert Ward  
Right: Robert Ward with his sister, Lori English



## DONOR FOCUS: TRUDY DUVAL



Trudy DuVal

In this season of giving thanks, we would like to express our thankfulness for **Trudy DuVal**. Trudy has been a long-time donor and we know that our work would not be possible without her generosity and support. "You all do such great work and I like to help people in any way that I can," said Trudy DuVal. "Through my daughter, April, I've known some of the people at Day Spring Community Living for many years," continued Trudy.

"My Mom has always been interested in supporting organizations assisting folks with disabilities. She had a nephew with severe intellectual disabilities and autism. When he was a child (early 1950's) there were very few, if any, services for him or supports for his family. Unfortunately he spent the majority of his life in an institution in Michigan. My work with the Council

was something that my Mom appreciated and generously supported. Her interest in disability organizations expanded to DSCL and ZOOM group in recent years, and she has been a generous financial supporter of both. She has come to know many persons with disabilities and their families over the past 30 years she has lived in Louisville. My Mom and Dad both cared deeply for causes related to disability advocacy." - April DuVal, Day Spring Community Living Vice-Chair of the Board of Directors

On behalf of every resident who enjoys the freedom of living as independently as possible in a supportive home, **thank you!**

## SARA HARRISON: NOT JUST ALL SMILES



Sara Harrison, Sauda Umutesi and Ted Buren at our Baxter Avenue Apartments

Everyone who meets Sara Harrison remembers that charming, contagious smile. What most people probably don't know about her is that she leads a very interesting and busy life. Sara has something on her plate every day of the week and in addition, she volunteers for a local food pantry.

That's right, Sara volunteers on Wednesdays at the St. Matthew's Food Pantry where she unpacks donated bread & desserts and sets them out for display. She greets guests, ensures that they are signed-in and helps them to find everything that they need.

Sara stays active by participating in YMCA's "Get Moving" workout classes and water aerobics. She also attends Miraposa Place's art focused program throughout the week. Of course, all with a smile on her face.

## 2016-2017 DAY SPRING COMMUNITY LIVING BOARD OF DIRECTORS

Mr. Stephen McCauley, Chair  
UPS

Ms. April DuVal, Vice-Chair  
Retired Council on Dev. Disabilities

Mr. Phillip Stuecker, Treasurer  
YUM! Brands

Mrs. Beth Barrett, Secretary  
Retired RN Baptist Hospital East

Mr. Michael Ackerson  
US Bank

Mr. Ted Buren  
Kroger

Mr. Steven Carter  
UPS Airlines

Ms. Lori Elam  
Metro Bank

Mr. Wayne Embry  
Volunteer

Ms. Lynne Fleming  
MSD

Mr. Joseph Ford  
Baptist Health

Mr. Stephen D. Hale, II  
LabCorp

Mrs. Harriet Harrison  
Retired RN Rauch Inc

Mr. Tim Holloway  
BB&T Insurance Services

Ms. Linda K. Ison  
Retired Mercer

Ms. Barbara J. Kalkhof  
Retired City of Louisville

Ms. Becca Krall  
Volunteer

Mr. Patrick Magill  
Stock Yards Bank

Ms. Mary E. Malone  
JCTCS Professor

Mrs. Jennifer McClinton  
Brown-Forman Corporation

Mr. David Metzger  
State Farm Insurance

Mr. Kelly Russell  
Precise Air Filter

Mr. Jeff Seger  
Roller Die & Forming

Dr. Bryant Stamford  
Hanover College

Mr. Richard Timmel\*  
Real Estate

Ms. Sarah Trester,  
CEO

ex-officio

Ms. Deborah Wade  
USI Insurance Services

Mr. Jerry Weber  
Retired Boys Haven

Mr. Alan Willoughby  
UPS/Zoom Group

\*Emeritus

## DEVELOPMENT UPDATE

By Kelly Hutchinson, Development Director



### “Expanding Horizons.”

In the fall of 2005, with the volunteer leadership of David Karem and a dedicated committee, Day Spring hosted the Horizons of Hope Comprehensive Campaign that included building the Community Resource Center we now know as the Ford Community Center. Since then, Day Spring more than doubled and grew from serving 34 residents to a capacity for more than 60.

In the Fall of 2016, Day Spring and Community Living officially merged to create Day Spring Community Living. On October 18<sup>th</sup>, we hosted a press conference for the public announcement. With the merger we became one of the region’s largest providers of community based residential supports and services for more than 130 people with intellectual disabilities. The press event also introduced the beginning of a \$600,000 Capital Project- **Expanding Horizons** —maximizing the efficiency and collaboration of the newly formed organization.

Benefits of a successful **Expanding Horizons** campaign include:

- > We will have greater capacity to fulfill our mission to enhance, empower, and fulfill the lives of people with intellectual disabilities by encouraging self-determination; providing high quality person-centered supports; and valuing the gifts of each person
- > The addition of more than 12 offices for administration
- > We will save approx. \$36,000 annually with the elimination of the downtown office on Guthrie Street
- > Expanded meeting space created to better benefit residents, participants, volunteers and staff

Our challenge is to raise the additional funds for space while not decreasing the donations we raise in our annual budget for operational support. I hope we can count on you this year to plan for one “special” or “extraordinary” donation that is in addition to support in our annual campaign. If we all do something, we will get there and be able to expand the horizons for the residents and participants we currently serve as well as more of the people who are still on waiting lists.

Thanks to the James Graham Brown Foundation, for every \$3 contributed, a \$1 match will be given (up to a total of \$150,000.00) until we meet our goal! Please take a moment to consider your support of **Expanding Horizons** or use the enclosed donation envelope in this newsletter and write “Expanding Horizons” on the “in honor of” line. All pledges of \$1000 or more can be on a 4 year plan - \$250 annual gift.

**Please join us with a contribution in any amount and you will make a meaningful difference!**

For more information, call me at (502) 883-6705 or email [kelly.hutchinson@dayspringky.org](mailto:kelly.hutchinson@dayspringky.org).



Every gift counts and you don’t have to be a millionaire to make a difference that will help Day Spring Community Living for decades and generations to come! Simply tell your attorney you want to leave a gift to Day Spring Foundation. If you have remembered us in your will, please let us know as we want to say “thank you” and recognize you in the Legacy Circle. If you have questions, call Kelly Hutchinson (502) 883-6705.

### Lunch & Learn Tours

Our Lunch & Learn Tour dates are always the first Thursday of each month. Upcoming dates are as follows:

- December 1
- January 5
- February 2
- April 6

Let us know if you or someone you know would like to visit us! Contact Mary Ellen Howard at (502) 883-6706 or [maryellen.howard@dayspringcommunityliving.org](mailto:maryellen.howard@dayspringcommunityliving.org).

## A FEW OF OUR EXCEPTIONAL STAFF: SHANDIE GAITHER AND TONYA KIRKPATRICK



2010 Fall Hayride Shandie Gaither, Sara Harrison, Kim Hendrickson, Robin McDowell and Alan Naslund



Jennifer McClinton, Tonya Kirkpatrick & Lisa Boswell

This year, **Shandie Gaither** is celebrating 7 years of employment at Day Spring, now Day Spring Community Living. We are glad she is with us! Shandie worked for several years as a Direct Support Professional in our different homes and in the past three years she has taken on a new role as our Resident Wellness Assistant. This is a vital job with us since she is the one who makes sure that all medication administration records are up to date and that everyone is getting their medications correctly. Shandie has a busy job and what she does daily is very important to us. “It’s a rewarding feeling to know that I have the responsibility of making sure that the residents get all of their correct medications,” said Shandie.

**Tonya Kirkpatrick** has been with Day Spring Community Living since the early days of Community Living and she is proud to say she was the first FHP with Community Living. “All I ever wanted to do was to work with people and let them see someone does care and love them. Working and being around people is what I’ve always loved doing.

As a mother/grandmother I want to give people a safe place to come and feel the love. This gives me the opportunity to give back the love and the compassion that was once showed to me and my children. My “ah-ha” and life changing moment was the realization that God is love. Having been shown this love by others in my life, I resolve to devote my life to serving others,” shared Tonya.

### WE ARE GROWING!

Job Openings are Available  
We are currently hiring for these positions:

*Direct Support Professionals*  
*Human Resources Assistant*  
*Accounting Manager*

Contact: Debra Mays at  
[debra.mays@dayspringcommunityliving.org](mailto:debra.mays@dayspringcommunityliving.org)  
or (502) 585-5272 x302

We are looking for people who are committed to providing the highest quality services and support to our participants, and who can be flexible and focused in a changing work environment.



### 5<sup>TH</sup> ANNUAL GOLF CLASSIC



#### Sunshine Sponsors



#### Beverage Cart Sponsors



Brown and Brown Insurance Company: Doug Finnesand, Steve Oliver, Reed Nunnally and Norm Falot

Thank you to everyone who supported the 5<sup>th</sup> Annual Day Spring Golf Classic on October 3<sup>rd</sup>. The event raised over \$68,000 to benefit Day Spring!

We would like to extend a big thank you to event chair Dick Barrett for all of his hard work. Also a special thank you to our Golf Classic planning committee members Jon Brugman, Bob Eberle, Bob Jones, Patrick Magill, David Metzger, Don Perkey, Russ Read, Brenda Schell, Julie Schroeder, Jeff Seger, Alan Willoughby and all of our generous sponsors.

Mark your calendar for the 6<sup>th</sup> Annual Golf Classic:  
**Monday, October 2, 2017** at Lake Forest Golf Course

Did you know we now have a famous person in the group?

We would like to congratulate Alan Willoughby, (photo on right) who made his first ever hole-in-one at our Golf Classic event! Alan worked as a volunteer on the 18<sup>th</sup> hole and helped the Brown & Brown Insurance Company Foursome team (bottom right photo) with their putt. “The crowd cheered and Alan’s putt reminded me of why I do this each year,” shared Event Chair Dick Barrett.

Photography by Nate Mann and Bob Tiller



# OUR MISSION

Day Spring Community Living enhances, empowers and fulfills the lives of people with intellectual and developmental disabilities by encouraging self-determination; providing high quality, person-centered supports and services; and valuing the gifts of each person.

# 2016 Fall at Day Spring Community Living

**1** Jerry Weber and Beth Barrett prepping for our Press Conference and staff Open House on October 18<sup>th</sup>



**2** Paula Newton, Becky Wortham and Mercy are all smiles with Mercy at the Baxter Avenue apartments



**3** District 10 Metro Councilman (and our neighbor)! Pat Mulvihill spoke at our Merger Press Conference on October 18<sup>th</sup>



**4** Mary Ann Lewis at a recent political event hosted by Representative Tom Burch with Jefferson County Attorney Mike O'Connell



**5** Cathy Weaver, Alan Willoughby, Brooklyn Pitts, Christina Pitts and Allen Getman at our Fall Festival



**6** Camee, Caitlin and Stephen McCauley decorating pumpkins at our Fall Festival. Stephen McCauley is our new Chair of the Board of Directors



**7** Amy Barnes, Emily Barrett and Ava Gividen at our Merge Kick-Off Staff Luncheon

**8** Naechelle Telich who lives with her FHP, Michelle Hickman, decorated a pumpkin at our Fall Festival

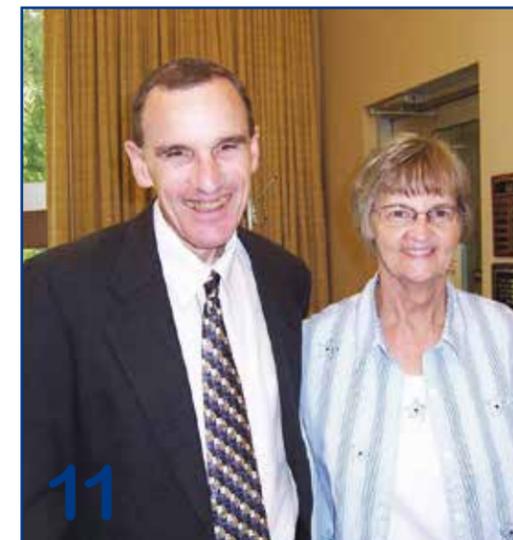


**9** Steve Zaricki and PJ Ray at our Staff Merge Kick-Off Luncheon showing off our new t-shirts

**10** Lori Elam and Cathy Harrod decorating pumpkins at the Fall Festival

**11** Michael Ackerson and Mary Lou Paquette at our September Lunch & Learn Tour

**12** April DuVal with Mary Kay Steinmetz at our Merge Announcement Press Conference



**11**

**12**



Lois Barrow and her Family Home Provider (FHP)  
Anita Anderson

## A PERFECT MATCH

“Hearing Ms. Lois say ‘Girrl I’m ready!’ (in her Belize accent), is the quote that sums up the lifestyle that we have together,” shared Anita. Lois Barrow and Anita Anderson have been friends for almost a year now and they seem to be a perfect match.

“Lois is visually impaired and when I first met her she basically ate and slept,” said Anita. Lois didn’t really do anything or have much of a life. “I knew there was more life in her than that. Anita began taking Lois to church where she had the opportunity to socialize and be around people who loved her. We also take trips to the Louisville Zoo and to different parks where I wheel her around and let her hear the laughter of the children as they play.

Another favorite spot for the two is Mall St. Matthews. Anita takes her to different department stores and Lois feels the texture of clothes and jewelry (she loves the long dresses and says she wants a wedding gown!).

Anita and Lois have quite a fun routine and as a result of that, Lois’ health has made drastic improvements. “Her doctors are so excited about her,” said Anita. Whether it’s going to the grocery store or just a ride for fresh air, when Lois wakes up in the morning, the first thing she says is, “Girrl, I’m ready!” because she knows she is going to have a good and active day.

## SAVE THE DATE

**Thursday, December 1, 12:00 - 1:00 pm**  
Lunch & Learn Tour

**Tuesday, December 6, 6:00 pm**  
Holiday Potluck Dinner at St. Stephen Martyr

**Thursday, January 5, 12:00 - 1:00 pm**  
Lunch & Learn Tour

**Thursday, February 2, 12:00 - 1:00 pm**  
Lunch & Learn Tour

**Thursday, March 9, 8:00 am**  
Empower Breakfast at The Olmsted

**Thursday, April 6, 12:00 - 1:00 pm**  
Lunch & Learn Tour

**Saturday, May 13, 6:00 pm**  
17<sup>th</sup> Annual Concrete Ball

## MEAT MEN BBQ SAUCE MAKES GREAT GIFTS!



The famous “Meat Men” duo  
David Harrod and  
Dick Barrett sell  
Bar-B-Que Sauce for only  
\$5.00 per bottle.

All proceeds benefit  
Day Spring Community Living!

Contact Mary Ellen Howard at  
(502) 883-6706 or e-mail at [maryellen.howard@dayspringcommunityliving.org](mailto:maryellen.howard@dayspringcommunityliving.org)

Day Spring Community Living enhances, empowers, and fulfills the lives of people with intellectual and developmental disabilities by encouraging self-determination; providing high quality, person-centered supports and services; and valuing the gifts of each person.

Recently moved?  
Did you receive duplicate  
copies of this newsletter in the mail?  
If so, please contact us at 502-636-5990  
so that we can update your information.



Follow Day Spring Community Living Foundation



**Day Spring Community Living**  
3430 Day Spring Court  
Louisville, Kentucky 40213

NON-PROFIT ORG.  
US POSTAGE  
PAID  
LOUISVILLE KY  
PERMIT #687