



Walking on Sunshine

By Sarah Trester, Executive Director



Day Spring's 20th Anniversary is proving to be a pivotal year! Shortly after celebrating at the 20th Anniversary Kick-Off / Chili Cook-Off, we learned from the Kentucky Division of Developmental and Intellectual Disabilities that we would no longer be receiving the general fund money which has historically funded

Day Spring's residential services. We immediately faced an increased reliance on Medicaid funding and all the rules, regulations and procedures that accompany Medicaid. We have all been touched by this change, from families who have taken action to get family members on the waiver and renewed their commitment to support the Family Appeal, to staff assisting family members and residents while implementing new procedures, to the Day Spring Board of Directors taking action to ensure Day Spring's future sustainability through sound policy decisions and strategic development efforts.

Although this was a change that we didn't choose, we do get to choose how we react to it. One good thing about times of transition is that they provide opportunities to reflect on the past and to dream about the future. So let's reflect on how grateful we are that we had the general fund money for so many years. This funding supported the provision of residential services to Day Spring residents for nearly 20 years, and gave us the time and resources to establish standards and practices for which Day Spring can be proud. And, let's also reflect on the work of so many advocates across the years who have worked to make Medicaid money available for residential supports and services in the

community for people with developmental and intellectual disabilities. Although there would never be a good time to lose the general fund money, there certainly could have been worse times to lose it!

Let us also use this time of transition to dream about the future. The foundation that Day Spring built in the first twenty years has made us strong and readied us to move with confidence into the years ahead. What new dreams and opportunities might be possible as we move forward? How will we fulfill our mission and vision? Already we see new possibilities of expanding our friendships to wider circles of people who will be part of supporting and participating in the Day Spring mission. And already we are seeing new opportunities for several Day Spring residents who have been dreaming of living in smaller homes. Soon we will wake up to the dawn of Day Spring's next twenty years. What will we dream for the future? Let's dream it, and let's do it!

Sarah

Commissioner Visits Day Spring



Left to right are: Sarah Trester, Tonya Crouch, Director of DDID, April DuVal, Commissioner Mary Begley from the Department for Behavioral Health, Developmental and Intellectual Disabilities & Tabitha Burckhart-Wilson, Psychologist Program Administrator enjoyed lunch and a tour at the Illinois Avenue campus in August

A New Development Director is Hired

By Sarah Trester, Executive Director



Kelly Hutchinson

What a pleasure it has been to welcome Kelly Hutchinson to Day Spring! Kelly, who will be serving as Day Spring's Director of Development, comes to us with very impressive qualifications and experience.

Kelly writes: It is wonderful to join the team at Day Spring. I have spent 18 years in the local community in non-profit fundraising with 3 organizations, including almost ten years with Special Olympics. I feel blessed to be able to serve where my efforts improve the lives of adults with intellectual disabilities and their families. I enjoy meet-

ing people and letting others know ways they can make a difference. I grew up in Louisville but married a Hoosier so today we live in Sellersburg, Indiana. My husband Paul is a teacher, and we have two children, Mariah 20 and Caleb 13, and Tucker, our dog. If you are by the Ford Community Center, please stop by and say "Hi" as I would love to meet you. If you have a fundraising idea or questions please call me (502) 883-6705.

In the few short months that Kelly has been at Day Spring, she has already made great strides toward helping us develop the resources needed to keep Day Spring financially healthy and sustainable. Please take Kelly up on her invitation to stop in and meet her. You will find her delightful, and she will be happy to know that she can rely on you to be part of Day Spring's success!

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Family Appeal Update

We have achieved 75% of our goal. Thank you so much to everyone who has sent in a pledge or donation in the Family Appeal.

If you have not responded it is not too late. Every gift will make a difference at Day Spring!

Highlands Commerce Guild & Day Spring Working Together

We are always looking for ways to get involved in the community. Larry Rother is a long-time Direct Support Professional here at Day Spring and the President of Highlands Commerce Guild.

Since our Baxter Avenue apartments are located in the Highlands neighborhood, this has been such an asset for us. Over the years, Ted Buren

has attended many of the weekly meetings along with Baxter Avenue apartments Program Manager Sarah O'Dowd and our Health & Wellness Coordinator, Cynthia Changaris.

Thank you to Larry for inviting Day Spring to be a part of such a great neighborhood organization where we can all help each other!



Terra Long from the Metro Council office, Metro Council President and Councilman Tom Owen, Ted Buren and Sarah O'Dowd



Save The Date

Monday, October 6th
Day Spring Golf Classic presented by Bee Line Courier Service at Lake Forest Golf Course

Thursday, November 6th
Annual Dinner at The Olmsted

Tuesday, December 9th
Christmas Potluck Dinner at St. Stephen Martyr Cafeteria

Follow Day Spring Foundation and stay connected to us



More than a place...a way of life.



Day Spring Sun Times

Volume 18. Issue 2

Summer 2014

UPS Partners with Day Spring to Build a Garden at Woods



Left to right are: Karla Mattingly, David Jones, Brian McCutcheon, Richard King, Greg Britt and Mike Bass
Front: Lori Hall and Mark Baron

Seven employees from UPS Aircraft Maintenance Planning spent the day with us building two vegetable gardens behind the Woods apartments on Tuesday, July 15th.

Day Spring Woods residents Richard King, Cindy Cusick and Jack Gollar were all home and participated in installing the garden boxes as well.

The group planted tomatoes, rhubarb, zucchini, peppers, and several other plants. The great thing about this is that they have already been able to watch some of the vegetables come to fruition and incorporate these fresh vegetables into their meals. Cindy and a few of the other residents have been watering the garden and Karla Mattingly from UPS has also been stopping in checking on the maintenance of it also.

In addition, UPS was also generous enough to donate soaker hoses and a watering wand. Home Depot donated the lumber and Earth First donated the fresh dirt.

Thank you to all of these generous folks for their hard work!

A New Home for Three



We are excited to announce we've added a home to Day Spring this summer. This (see left photo) 3-person staffed residence is at 3334 Audubon Ridge in the Audubon Ridge neighborhood, just a block away from our Illinois Avenue campus.

Thank you to our friends at the Jacob C. Koch Foundation for helping to make this a

"home" by granting us close to \$5,000 to cover the cost of dishes, small kitchen appliances, a television, a kitchen table and more. Also, the Kentucky Housing Corporation is providing a generous grant to cover the cost of accessibility renovations.

We would also like to thank the many hard-working volunteers including: Alice Baldwin, Ed Buren, Bobbi & Charlie Downs, Nick Floyd, Hank Harrison, Vern Higgs, Caleb Hutchinson, Frank Hutchinson, Paul Hutchinson, Greg & Diane Murray, Carolyn, David & Mike Reilly who have helped with painting and landscape clean-up.

The Day Spring community empowers adults with intellectual disabilities to live fulfilling lives by offering support in a residential setting. We share a way of life that values the gifts of every community member.

Recently moved?
Did you receive duplicate copies of this newsletter in the mail?
If so, please contact us at 502-636-5990 so that we can update your information.



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3rd Annual Day Spring Golf Classic Presented by



Monday, October 6th
Event Chair: Dick Barrett

The 3rd Annual Day Spring Golf Classic presented by Bee Line Courier Service will be held October 6th at Lake Forest. The Golf Classic opens with a noon luncheon and then a shotgun start at 1:00 pm. After a day on the greens there is a short awards reception with a chance to network and a final chance to bid on exciting auction items! Let us know if you want to make a difference with Day Spring and will serve as a supporting sponsor.

Sunshine Supporting Sponsor	\$2,500
Beverage Cart Sponsor	\$1,000
Foursome	\$1,000
Hole Sponsor	\$300

If you are interested in learning more about sponsorship opportunities or volunteering contact Mary Ellen Howard at (502) 636-5990 x209 or MaryEllen.Howard@DaySpringKy.org.

Sunshine Sponsors

as of August 20th



Day Spring Happenings



Thank you to Matt & Molly Mershon, owners of Bistro 301, for hosting dinners on July 12th in honor of Bastille Day for Day Spring. \$1,300 was raised for Day Spring - Thank you!



Doug Sheridan and Kevin Unsel at the Derby Pegasus Parade on Thursday, May 1st. Thank you to the American Red Cross for donating the tickets.



Richard King, Jack Gollar, Camille Koepper and Cindy Cusick. Camille graduated from Down Syndrome of Louisville's College Connections in May. She took college courses at Jefferson Community & Technical College.

Todd Esser Named Louisville Baseball's Biggest Fan



On May 30th, Todd Esser was featured on the cover page of the Courier-Journal and named "Louisville Baseball's Biggest Fan" by writer Jeff Greer for his long-time support of University of Louisville's Men's Baseball team.

After this article was printed just like true fans, Todd and his father, Fritz, traveled to Omaha, Nebraska to watch the Cards play in the College World Series. Unfortunately, they did not win.

We have a framed copy hanging in the Ford Community Center for you to view if you missed it. Congrats, Todd!

Donor Spotlight: Judge Steve Mershon



The Mershon family has been involved in Day Spring because our father, Ollie Mershon, along with many others who recognized the need for services like those that Day Spring provides, fought to establish a non-profit which could provide them.

It has been so wonderful to watch Day Spring grow and thrive and to know that I have been a little part of that process. The Day Spring community is awesome.

I am humbled as I watch each resident deal with his or her own difficulties in ways that take courage, grace and patience that I am not sure I possess. Interacting with our residents has given me far more than I could ever return to Day Spring.

Judge Steve Mershon and his nephew John B. Reiser are past Board Chairs and have served on numerous planning committees for Day Spring. They have not only given us their generous support, but also facilitated a significant amount of support to us over the years. Thank you, not only to Steve, but to the entire Mershon family!

Another Successful Yard Sale

Thank you to Kevin and Kathleen Seger who led the Day Spring Yard Sale event this year for the first time. They raised over \$3,800.00 for Day Spring. We would also like to thank everyone who volunteered and supported the Yard Sale this year. This event has been run by Day Spring families for almost 20 years and we are so grateful for this continued support over the years!



Cindy Cusick, Theresa Kimbel, Kathleen Seger and Richard King at the Day Spring Yard Sale on July 12th at St. Gabriel Gym.

Day Spring Legacy Giving

Will you include Day Spring in your will? Have you already done so?

Sadly, we often learn of a person's gift to Day Spring, after they have passed away and it is too late to say "Thank You."

Your gift will be a lasting tribute to your concern for the loving care of adults with intellectual disabilities. A gift to the Day Spring endowment strengthens our future and allows Day Spring to serve generations to come.

For further information on how to include Day Spring in your charitable giving plans, please contact Kelly Hutchinson, Director of Development 502-883-6705.

Russ Owens - Celebrating 8 Years of Employment

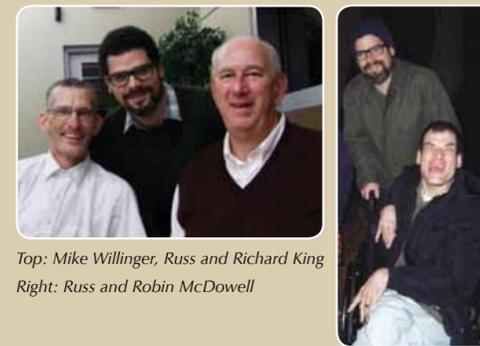
Russ has worked pretty much everywhere at Day Spring in his 8 year tenure with us, but he has remained a permanent fixture at the Men's Home for several years now. He works three weekday nights each week when most of the men are at home and has built some great relationships during this time. His quiet, calm presence has been such an asset for the Men's House.

Russ demonstrates a sense of ownership with Day Spring by his strong attachment to the folks who live and work here. He contributes his talent to the community in many unique ways.

For starters Russ has been declared the "BBQ Man" by Camille Koepper. He earned this title from his excellent grilled meals. In fact, Russ is a member of the Menu Planning committee that is currently meeting on a regular basis with the goal of improving the Day Spring menu books modifying them to be healthier. Camille says, "Russ and I also have a lot in common. We both like Michael Jackson, Thriller and the Dixie Chicks."

Russ has been working on his Special Education Teaching degree with IU Southeast for several years, and he is almost finished. He's shared some of these skills by leading a Men's Home book club a few years ago where the group read several Hardy Boy's novels together.

Russ is married with twin sons and is an avid U of L sports fan. Thank you Russ for 8 great years and all you have done for Day Spring. We are looking forward to many more years!



Top: Mike Willinger, Russ and Richard King
Right: Russ and Robin McDowell



Alan Willoughby, Russ, Mike Willinger, Richard King, Regi Lewis, Cindy Cusick and Doug Sheridan at the 2011 Thanksgiving meal

Summer Picnic Thank You

The Summer Picnic was June 14th and we had beautiful weather!

Raffle winners \$2,000: Loretta DeToma
\$200: Vicki Timmel
\$200: Richard Cooper
\$200: Ann Jirkovsky
\$200: Chester & Ann Baltenberger
\$200: David Russ

Thank you to Meat Men David Harrod and Dick Barrett and all of the many hard-working volunteers who helped!



Seneca Insurance Company donates \$2,500

Thank you to our friends at Seneca Insurance Company for their donation of \$2,500. They also brought a crew of 13 employees on May 21st and trimming trees, raking leaves and pulling up dead flowers. They made our Illinois Avenue campus look beautiful!



14th Annual Concrete Ball was a Hit!

We would like to thank everyone who helped make the 14th Annual Concrete Ball such a success! Over \$120,000 was raised to benefit the 50 men and women who live at Day Spring. We are forever grateful!

Mark your calendars and make plans to attend the 15th Annual Concrete Ball on Saturday, May 16, 2015 at the Downtown Louisville Marriott. If you are interested in serving on the Concrete Ball committee, becoming a sponsor or donating an auction item, please contact Mary Ellen Howard at (502) 636-5990 or maryellen.howard@dayspringky.org.



Volunteers clockwise: Beth Barrett, Julia Renz, Trisha Sexton and Debby Sexton



Congrats to our \$15,000 Raffle Winner!

Thank You to Our Event Sponsors

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Big thanks to our friend Erin Jones at InMode Marketing for coordinating our media relations



Welcome New Board Members

Joining the Day Spring Board of Directors at the August 21st, 2014 meeting were: Michael Ackerson, Ted Buren, Steven Carter, Harriet Harrison, Jennifer McClinton and Jerry Weber.



Michael Ackerson is a Trust Officer with US Bank. He has served on several other boards in Louisville including Recording for the Blind & Dyslexic.



Ted Buren has worked for Kroger as an Associate for over 22 years. He participates in a weekly square dancing group,



Steven Carter is Vice President of Plant Engineering with UPS Airlines.



Harriet Harrison is a retired Registered Nurse, self-employed beadmaker, and mother of Baxter Avenue resident Sara Harrison. Harriet has served on our Services committee for many years now and will continue this service as a board member.



Jennifer McClinton is an IT Director with Brown-Forman Corporation and will serve on our Development committee. She is also a cousin to Tim Baird, a Day Spring resident.



Jerry Weber is retired from the Social Services field and is also related to a Day Spring resident.



Departing board members will be greatly missed. They include **Deborah Wade** (left in photo), who is a Commercial Account Representative with USI and **Jon Brugman** (right in photo) who is retired from UPS. Our current Board Chair, **Patrick Magill** (middle), thanks Deborah and Jon for their service.

We Need YOU to Enroll Today

Kroger Community Rewards Program Just Got Easier

Kroger has revamped their Community Rewards program and YOU can help make sure Day Spring earns funds by registering your Kroger Plus Card. Staff, residents, family, and friends have been great about utilizing the Kroger rewards plan in the past and we THANK YOU!

It's easy to participate and help our agency raise money. All you have to do is swipe your Kroger card. If you do not have a Kroger Plus card, they are available at the customer service desk at any Kroger.

1. Simply Register at krogercommunityrewards.com and follow the steps.
2. It will ask you to Register/Sign In
3. If you are not registered click SIGN UP TODAY in the "new customer" box and follow directions. You will need your Kroger card to complete this process.
4. If you are registered click SIGN IN, enter your email address and password.
5. Follow the steps.
6. Enter our agency name "Day Spring Foundation"

And that is it...no more reloading your Kroger Card!

Health & Wellness at Day Spring

By Cynthia Changaris
Health & Wellness Coordinator

The Health & Wellness program has been very active this summer. We have up to 16 people who have now joined the YMCA. Some are regularly exercising and seeing weight loss. We have also been doing various other fun activities promoting good health like re-vamping our dinner menus, participating in a community garden and taking a trip to see *Fed Up*, a movie about the food industry back in June.



Jimmy Baltenberger and Christine Brazzell at the Walking Bridge

"Jimmy & I go to the YMCA where we use the exercise bikes. We also walk around the Highlands, various parks, the Zoo and the walking bridge."

-Christine Brazzell, Direct Support Professional

2014-2015 Day Spring Board of Directors

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Mr. Phillip Stuecker, Treasurer
Mrs. Beth Barrett, Secretary

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Executive Director

*Emeritus