



Walking on Sunshine

By Sarah Trester, Executive Director



We all agree that Day Spring is unique, special, and wonderful...but what makes it that way? This is the question I have been asking since my arrival at Day Spring back in February. I have surveyed residents, family members, staff, and volunteers, asking them to tell me, in a word or short phrase, what puts the spring in Day Spring?

The results of the survey are now in, and I feel sure you will want to hear the answers.

The spring in Day Spring is:

Dignity	The caring attitude
Volunteers	Love and happiness on top of dignity
Day Spring brings me JOY	Day Spring is part of my family. My life, friends and family are here.
Day Spring lights up my LIFE	
Day Spring is part of my family	The loving help that is given here
Day Spring gives a lot of confidence	I think Day Spring is a wonderful place to live and I am glad that I am part of the community.
The relationships	It makes me happy, all the friends.
Sense of community	Love
The SPRING is the real, strong goal of each resident reaching their highest potential	Prayers
It's a special family home to my daughter	Cooking
The awesome residents and staff	Parties
The sense of "family" among all of us –staff, parents, residents; we all view each other as family	Special Events: Yard Sale, Bowl-A-Thon, Golf Scramble
It is a safe place for the residents with a very good staff.	Day Spring is very diverse: we accept each person's individuality and opinions.
It provides a place for the residents to have as much independence as they can handle and as much supervision as they need.	We not only take from the community but we give back to the community.
Day Spring is a community of residents giving 100% equally matched by staff giving 100%.	We help each other see the good we have in ourselves.
People, good new staff	Always ACTIVE is what I think puts the SPRING in Day Spring.
The camaraderie	We are very blessed.

Thank you to everyone who participated in the survey! You have created an inspiring and powerful description of Day Spring that has not only been a great help to me in learning about Day Spring, but will also be a guiding light and roadmap for all of us as Day Spring SPRINGS into the future. Thank you again for your wonderful insights!

With gratitude,

Sarah



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Nearly Two Decades of a "Great Fit" for Mike Willinger

By Denise Willinger, Day Spring family member & owner of The Spa in Anchorage

My business, Serenity The Spa in Anchorage, had our 10 year anniversary in March. We decided to have a fundraiser for Day Spring as part of our Anniversary Celebration. We brought in \$530! During the party, I shared the story of how my brother-in-law, Mike Willinger, became part of the Day Spring family, and how much that has meant to us.



Mike sitting outside with one of his Men's Home housemates, Matthew Spires

Here is my version of the story:

My husband's Mom passed away in 1989. My brother-in-law Mike was 32 years old. His Mom had always cared for him and even though he learned to read, could play the drums and had the uncanny ability to remember every single Beatles song ever written, he lacked the skills to care for himself. He couldn't make a sandwich, wash his own hair or remember to take a bath. When we did get him in the bath, he usually stayed for a few hours, then would stay up all night and eat all the food in your refrigerator! The Willinger's are a close knit, loving family from Germantown. After Mrs.

Willinger passed away, Mike went to live with his sister Nancy in Indiana. Nancy had 4 children of her own plus Mike to care for. Each weekend, Mike would stay with one of his siblings. Mike was away from his environment, his neighborhood, the church he always attended and his girlfriend. Needless to say, this arrangement was not ideal for any of us.

When we learned about Day Spring in 1994, it was a great option for our family. Now Mike is close to his family home, his girlfriend, his parish and his job. He is more independent. He works, has a busy social life and a happy, secure home.

Upcoming Events

- Monday, September 30th, 1:00 p.m. 2nd Annual Golf Scramble
- Wednesday, October 23rd, 5:30 p.m. Ambassador Reception
- Saturday, October 26, 9:00 a.m. - 12noon Illinois Avenue Grounds Clean-Up
- Thursday, November 7th, 6:00 p.m. Community Annual Dinner at The Olmsted
- Thursday, November 28th Thanksgiving Holiday
- Tuesday, December 10th, 5:30 p.m. Annual Communy Potluck Dinner

For a complete calendar listing, view our website at www.DaySpringKy.org



at Day Spring Foundation

More than a place...a way of life.

Day Spring Sun Times

Volume 17. Issue 2

Summer 2013

Paula Newton Celebrates 24 Years at UL Hospital



Guest speaker Angie Fenton with Paula on June 23rd at a reception in honor of Paula



UL Volunteer Coordinator, Donna Stidham, sharing her admiration for Paula

Paula, with her parents Francis and Shannon Newton, celebrated twenty four years of service as a volunteer at University of Louisville Hospital in the Logistics department. She was honored there at a dinner reception on Sunday, June 23rd. Paula's generous accomplishments were noted, as she officially "retired".

Shannon Newton (Paula's mother) shared, "Paula started in October of 1989 as a volunteer while I was a nurse at the hospital. She was responsible for all of the hospital supplies (i.e. IV solutions, tubing, surgery packs, etc.) She kept the shelves stocked from the warehouse, preparing items for the hospital staff to retrieve for their respective departments." Shannon retired from the hospital in 2002, but Paula continued her service as she had made friends with many of the nurses and staff two or three days a week independantly using TARC3 for transportation.

So, how is Paula spending her retirement? She works three days each week with UPS Logistics (supported thru Zoom Group), one day at enTech computer lab at Spalding University, square dancing weekly and participating in several Special Olympics sports.

Not surprisingly, Paula is also very active in the resident volunteer club at Day Spring. This past year they have taken on many jobs like sorting food for Dare to Care, designing and donating a tree for the Festival of Trees and Lights, organizing teddy bears for the Bear Patrol program with the police department and formed a team at the Race for a Cure last Fall.

Office Environment Company: Over a Decade of Support

For more than 10 years now Office Environment Company (OEC) located in downtown Louisville on West Market Street has been saving their aluminum cans for Day Spring. About every 6 weeks, Day Spring staff and a few residents drive down and pick up the collection. Between client functions and staff use, they collect a lot of cans! President Tricia Burke, a former Day Spring board member and long-time friend of Day Spring. The can refund money is split among the Illinois Avenue residents and put toward their spending money on summer vacations. This year some have chosen to take a stay-cation here in Louisville while others in small group are going to places like Natural Bridge State Park, Cincinnati, OH and Charlotte, NC to visit Sr. Debbie.



"We are a believer in Day Spring...and we are a believer in vacations...so why not donate our aluminum cans to help make it possible for the Day Spring residents to go on vacation? Office Environment Company has been happy to do this for over a decade. Go Day Spring!" -Tricia Burke, President of Office Environment Company

Doug Sheridan Advocates in Washington DC



Doug receiving an Advocacy Award with Anthony Poleo, Chairman of AbilityOne NISH

Doug Sheridan has always been proud of his job, and, when he was asked to speak at the 2013 Grassroots Advocacy Conference in Washington DC, he was beyond ecstatic.

Doug's boss, Helen Sanders,

at VA Laundry (supported by Zoom Group) asked him to accompany her to the Capitol in June to speak on behalf of the Federal AbilityOne NISH (National Industries for the Severely Handicapped) Program, which funds Doug's job.

The AbilityOne Program is the largest source of employment for people who have significant disabilities in the United States. More than 600 nonprofit organizations employ these workers and provide quality products and services to the Federal Government.

Doug, Helen, Pat Clay (Doug's brother-in-law) and Nick Clay (Doug's nephew) discussed with lawmakers the need for more jobs in Louisville for people with disabilities. They met with Congressman John Yarmuth, Senator Rand Paul and Senator Mitch McConnell's Secretary. Doug spoke about his need to stay employed, the type of work he does, and how he uses his paychecks.

They also had the opportunity to sit in the chamber and watch debates, toured the congress, and saw some great monuments.

"The trip was a lot of fun and I got to meet some great people," said Doug.

Where we dream of a world where ALL adults with intellectual disabilities live in caring communities.

Recently moved? Did you receive duplicate copies of this newsletter in the mail? If so, please contact us at 502-636-5990 so that we can update your information.



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Day Spring
3430 Day Spring Court
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The Community Bids A Farewell



Our three Rita's! Rita Sheridan, Sister Rita Valade and Rita DeToma at Sr. Rita's farewell reception on July 29th.

After living with us since 1998, Sister Rita Valade, RSM has announced that she will move back to the Detroit, Michigan area this June. In Michigan, Sr. Rita plans to teach social

work part-time at the university and continue her work in Jamaica and Guam helping those communities with computer websites and designing newsletters.

Over the years Rita has served in many roles to us: friend, hairdresser, veterinarian, maintenance, prayer leader, just to name a few. The gift of her generous spirit and her full life lived among us has been priceless. We have been blessed in so many ways.

Sam Cotton came to us as Sam Gilbert 3 years ago as a part-time Direct Support Professional on the Baxter Avenue campus. Sam is planning to pursue her PhD in Social Work focusing on aging thanks to a scholarship at the University of Louisville. Her last day at Day Spring was June 28th and she will be missed by our community.

Thank you both for all that you have done for the Day Spring Community!

2nd Annual Golf Scramble is Almost Here!



Thank You To These Generous Sponsors (updated 8/23/13):



The finishing touches are being added to our 2nd Annual Golf Scramble fundraising event set for Monday, September 30th, at 1:00 p.m. at Lake Forest Country Club.



Sponsorship opportunities are still available.

To register your team, sponsor a hole or support this event visit our website at www.DaySpringKy.org today! You can also contact our Event Chair, Brenda Schell at (502) 599-8123 with questions or further information. Come spend a fun day playing golf while supporting a great cause!

This is also an excellent way for you to network and market your company in the community. We will have a clubhouse lunch, a hoop challenge, golfer goodie bags, awards and lots of other fun activities.

Come spend a fun day playing golf while supporting a great cause!

Mary Ellen Howard Celebrates 12 Years of Service

By Alan Naslund, Direct Support Professional

Mary Ellen Howard celebrated her twelve year employment anniversary with Day Spring in January. Starting off as a student intern while finishing up her Master's degree in Social Work, she knew Day Spring was the place for her. As a Program Manager at the Baxter Avenue apartments while construction was finishing up, Mary Ellen assisted residents and families with their initial move into the Day Spring community.

After a few years, the Development office needed some extra help. Mary Ellen slowly moved into this role at Day Spring and surprisingly learned that she was really passionate about newsletter layout, designing brochures and other print materials. So she went to work on a degree in Graphic Design to further this skill.

This past December, she completed an Associates degree in Graphic Design, and she continues to work with our agency designing print materials. Mary Ellen also works closely with event planning, ongoing donor communications and works as our digital marketing communicator (updating the website, our Facebook page and e-mail blasts). Most importantly, she sees the significance of staying in touch with the residents by continuing to work in the various homes as needed. At times the staffing schedule can be tricky and Mary Ellen is willing to jump in and help out when she can. Congrats to you, Mary Ellen!

“On our first day we all were at the Mattingly Center for training and I could remember a few of us acting silly and introducing ourselves. Later I sat & talked with Mary Ellen and her letting me know that she was going to be my boss. Imagine the surprise on my face when she told me that. She just smiled & said that I was okay. Mary Ellen was a great leader and very humble. She was not afraid to work and is also not afraid to say, “I don't have a clue” if she didn't know about something. Congrats to Mary Ellen on 12 years of being such a great worker and friend.” -Erica Franklin, Direct Support Professional



Beth Barrett, Mary Ellen & Jackie DeToma selling Helping Hands jewelry at our 2002 Potluck Dinner

Here's to Another Successful Yard Sale



Michael Erskine, Shannon Newton, and Butch & Jane Seger

Butch and Jane Seger have done it again! This year we are happy to report another successful Yard Sale on the books. Over \$4,200 was raised for Day Spring to continue to offer services to adults with intellectual disabilities. Thank You!

Saturday, July 13th was a beautiful day and many savvy shoppers came out bright and early for some great deals.

From family members, to friends and neighbors, the Seger's have really embraced this event and have pulled all resources to make this such a success. They even have a “pre-sale” from their garage a few nights before open to their neighborhood. “The less we have to pack over to St. Gabriel, the better,” laughed Butch.

After four years, Butch and Jane say they are “retiring” from leading the Yard Sale, but their son Kevin, and his wife Kathleen, plan to take over for 2014. Mary Ann Cusick has also agreed to help with organizing items collected throughout the year. This is wonderful news! We are so grateful for your ongoing generosity and appreciate all that you do for the Day Spring Community.

Thank You to These Donors

Cralle Foundation

We recently received a \$5,000 grant from the Cralle Foundation here in Louisville to help us purchase a new handicap accessible vehicle. With these funds, along with the generous support of those who gave to the Annual Appeal, we are now in the process of choosing a vehicle that will best serve our community. We are very grateful for the Cralle Foundation, and their belief in the mission of Day Spring!

Kosair Charities



Regi Lewis in a power chair that is “new” to him

Regi says, “It goes real fast, and I like that.” Thank you Kosair Charities!

With the help of Kosair Charities, Regi Lewis at the Men's Home recently received a slightly used power chair. This replaced his scooter that was no longer able to handle long distances, or hills he navigates, as part of his weekly travels near campus.

Three Join the Board of Directors

Joining the board at the August, 2013 meeting are: Michael Miller, Anthony Sullivan and Dr. Dean Wickel.



Michael Miller



Anthony Sullivan



Dean Wickel, MD

Michael Miller is a Marketing Specialist for KESA workers compensation for the state of Kentucky. He is a Louisville native and has been in the insurance business for over 38 years. Michael has 2 children, three grandchildren and enjoys golfing and watching college sports.

Anthony Sullivan is a Software Developer for igNew, LLC and is married with two sons. He will continue to serve as the Chair of the Community Relations Committee and member of the Community Advancement Committee as he has for the past few years. He has also supported Day Spring as a Concrete Ball technical/production volunteer for over ten years now.

Dr. Dean Wickel has been in private practice as a Vascular Surgeon at Floyd Memorial Hospital after working and teaching at the Brooke Army Medical Center at Fort Sam Houston, Texas. Dean is from South Carolina and lives here in Louisville with his wife and 4 children.

While the group of new board members brings a lot of energy and expertise, the departing board members will be greatly missed. They include Karen Eberenz, who is a Day Spring sibling and retiree, who worked tirelessly Chairing the Auctions for the Concrete Ball for the last eight years; Wendy O'Banion, Senior Vice President of Commonwealth Bank and Trust, who has chaired the Volunteer committee for the Concrete Ball for several years.

Thank you all for your service!

2013-2014 Day Spring Board of Directors

Mr. Patrick Magill, Chair
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Mr. Phillip Stuecker, Treasurer
Mrs. Beth Barrett, Secretary

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Ms. Lynn Wilkerson

Ms. Sarah Trester
Executive Director

The 13th Annual Concrete Ball

A Heartfelt Thank You to our Generous Event Sponsors

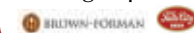
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Beverage Sponsors



We are happy to announce that we made a grand total of \$114,000 at our Concrete Ball event on May 18, 2013! The loyal concrete and other industries are simply phenomenal and we cannot express our gratitude enough.

Our sponsors, volunteers, donors, friends & families all work hard together each and every year to help us put on an amazingly successful Concrete Ball.

Until next year, please continue to spread the word about Day Spring and mark your calendars for Saturday, April 26, 2014. After thirteen years as chair, Beth Barrett has handed the Concrete Ball to her niece Eileen Harrod. We are already planning for another exciting event so stay tuned!

Congrats Ann Hughes, \$15,000 raffle ticket winner!



Back row (left to right): Sarah Trester, Camille Koepper, Bob Heleringer, Doug Sheridan, Tim Baird, Patrick Magill and Beth Barrett. Front row: Mary Ann Lewis, Bert Hughes, Ann Hughes, Emily Barrett, Eileen Harrod and Jackie DeToma



Day Spring Bowl-A-Thon: A Fun Saturday Afternoon!

Our Bowl-A-Thon fundraiser was on Saturday, August 10th at King Pin Bowling Center and was a lot of fun. Our Split the Pot drawing winner was Paul Ford, who generously donated the \$400 back to Day Spring. Patrick Magill brought in the most money collected at over \$5,000. Wow!

“We want to thank all of our sponsors and supporters for their contributions allowing Day Spring's Bowl-A-Thon 2013 to be a successful and enjoyable event.”

-Becky Hance, Bowl-A-Thon event chair

Thank You to these Generous Sponsors



Clockwise from the top: Sarah Trester, Mary Ann & Cindy Cusick; Joe Sheridan cheering; Mark Baron bowling; Brekken Farmer from Satterley & Kelley and our Bowl-A-Thon event chair Becky Hance; the Passport Health Plan team with Holly Ernst breaking out into a line dance. All photography donated by Jan Abbott Photography

Make plans to join us next year on Saturday, April 26, 2014!