

Day Spring Happenings



The GE Elfun volunteering on the Illinois Avenue campus. From left to right are: Eric Brown, Randy Reeves, Andrew Reeves (Trinity High School student) and Chris Caswell.



The residents at a Bats game this summer - thanks Merrick Printing for donating the tickets! Left to right are, back row: Doug Sheridan, Alyce Timmel, Greg Timmel, and Ted Buren. Front row: Sara Harrison, Camille Koepper, Kim Ernst, Jackie DeToma and Tony Belcher.



The Women's Home hosted the Archbishop for dinner on May 7th. Pictured are: Kim Ernst, Courtney Snyder, Jackie DeToma, Archbishop Kurtz, Ann Shallcross, Christie Sheehan, Mary Ford (front) & Camille Koepper (front).



The Olympic Stars traveled to Charleston, South Carolina in late July to the United States Handicapable Square Dance Convention. Pictured left to right are: Mark Slaten, Jimmy Baltenberger, Paula Newton, Ted Buren & Camille Koepper.

Day Spring 2012 Family Appeal

By Michael Erskine, Community Advancement Director

In May, we kicked off our 2012 Family Appeal. This appeal is made of all relatives of the 46 current Day Spring residents.

Since Day Spring opened in 1994, families in this community have given generously of their time, their talent, and their treasure. This past fiscal year, we asked families to help us raise \$253,000 for Day Spring, and they did!

This year, we are asking families to help us raise \$263,000. We know that this is a great deal of money, but we also know that without the public support we receive, we could not remain in operation.

As of August 14th, we have received gifts and pledges to the Family Appeal totaling \$215,525, so we still need \$47,475 to reach our goal.

If you have not yet made your gift, please do so today. To help you may:

- visit our web site at DaySpringKy.org to make an online donation
- mail your check to 3430 Day Spring Court, Louisville, Kentucky, 40213
- make other payment arrangements, by calling us at 502-636-5990, or via e-mail at Info@DaySpringKy.org

Please continue to empower the future of our community!



Focused on Staying Healthy



Kim Hendrickson with Meredith Preston ready to prepare a salad for lunch.

By Meredith Preston, Direct Support Professional

Day Spring Homes is staying healthy! We enjoy walking around the loop on campus on nice days and exercising with walking videos inside during yucky weather. It's much more fun with a group, and safer too.

We also try to eat healthy. A few salad tips we have learned include measuring out portions. Instead of making a large salad we make an individual salad for

each person and read the packages and use the measuring cup to make sure we only eat one serving. Did you know that spinach is full of vitamins and an even healthier option than lettuce? Instead of croutons we often use nuts such as pecans, walnuts, or sunflower seeds. Adding fruit like apples, strawberries, and grapes makes salad more fun, healthy, and filling. Don't forget to take it easy on the dressing. Reading the label and using a measuring spoon really helps rather than guessing and squirting it all over the salad. We hope you enjoy these tips and we look forward to seeing more people join us on our walks and participate in making healthy choices.

"My favorite kind of salad is a chicken salad with grapes, pecans, celery. It's very excellent. I also like to put dried cranberries, and strawberries in my spinach salads. Vinegrette dressings are healthy and I know they are better for me," said Mary Ann Lewis.

Upcoming Events

Thursday, September 13, 1:30 p.m.
Raiser's Edge User Group Meeting

Saturday, October Date TBA
Christ Church Methodist Cares Day

Saturday, October Date TBA
Day Spring retreat

Monday, October 1, 12noon
Golf Scramble at Lake Forest

Thursday, October 25, 5:30-7 p.m.
Ambassador Reception at the CRC

Friday, October 26, 6:00 p.m.
Halloween Party at Baxter Avenue

Thursday, November 7, 6:00 p.m.
Annual Community Dinner

Tuesday, December 11, 6:00 p.m.
Annual Community Potluck Dinner

Visit our website at www.DaySpringKy.org to view our complete calendar listing.

Find us on Facebook at Day Spring Foundation

More than a place...a way of life.

Day Spring Sun Times

Volume 16. Issue 2

Summer 2012



We are happy to announce our First Annual Golf Scramble on Monday, October 1st at Lake Forest Country Club.

Thank you to Brenda Schell for all her hard work this summer as the Chair of this exciting event!

UPS is supporting us as the Title Sponsor

Take a chance to win the lease of a Cadillac with a Hole-in-One from Sam Swope.

To register, go to www.DaySpringKy.org and click on the Golf Scramble button.

There are still sponsorship opportunities available - starting as low as \$250 per person. Call Brenda at 502.599.8123 or e-mail golfscramble@dayspringky.org to find out how you or your company can help a great cause.

Come spend a fun day playing golf and supporting a great cause!

Clubhouse Lunch

Player Goodie Bags

Networking Opportunities

Beer, Bourbon, Wine & Spirits

Awards & Drawings

Cocktail Hour, Hor d'oeuvres

Visit www.DaySpringKY.org to sign-up today!

Where we dream of a world where ALL adults with intellectual disabilities live in caring communities.

Recently moved? Did you receive duplicate copies of this newsletter in the mail? If so, please contact us at 502-636-5990 so that we can update your information.



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19th Annual Day Spring Yard Sale



Volunteers Leta Mattingly and Janet Remmers organized clothing at the Yard Sale.



Volunteer Donna Wright attached prices on the coffee mugs.

Over \$4,000 Was Raised!

Thank you to the many volunteers who helped make this year's Yard Sale such a success!

Especially **Butch and Jane Seger** who tirelessly coordinated this event for the fourth year in a row. The Yard Sale took place on July 21st at St. Gabriel's Church Gym in Fern Creek. More than \$4,000 was raised to benefit Day Spring.

Thank You!

12th Annual Concrete Ball Off To the Races!

By Beth Barrett, Concrete Ball Event Chair

On May 19th The Concrete Ball celebrated it's 12th annual event. It's so awe inspiring to step back and witness the steadfast loyalty of so many people to Day Spring through the Ball. The sponsors that continue to be there because they completely believe in this mission of Day Spring; the ever growing volunteers that so unselfishly give of their time and talents; and last but certainly not least, the many new supporters that joined us this year.

The Ball was very well attended this year on Preakness Day and yes sir, The Concrete Ball was "Off to the Races"! It was fun seeing everyone in their Derby finery and we had a blast with the hat and best dressed man contest! **Camille Koepper** from the Women's Home and

Will Harrod were the crowd favorites that won. Our lucky raffle winner, **Dee Kroger**, was stunned when we called her live to announce that she was \$15,000 richer. As a new twist, **Murray McCandless**, a professional fundraising auctioneer joined us to lead unbelievable excitement in the live auctions and the traditional Build the Foundation Challenge. The energy was high, there was lots of dancing and all in all, everyone had a great time.

I am very happy to announce that our bottom line was higher than it has been for five years! The success of the Ball never ceases to amaze me in so many ways. So thank you, to all who supported us. Stay tuned for the 2013 Concrete Ball on May 18. Mark your calendar NOW!!



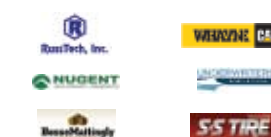
John May Photography

Thank You To Our Generous Concrete Ball Sponsors

\$15,000 Gold



\$5,000 Bronze



Beverage Sponsor:



The Community Says Farewell

by Jenn Pratt Harrison

When you think of Day Spring, one person definitely comes to mind. **Sister Debbie's** commitment to our community has been unwavering.

This month, we sadly bid farewell to our leader as she moves to Belmont, NC to take a leadership position with the Sisters of Mercy. As the Executive Director, Sister Debbie has made a tremendous impact on the success of Day Spring since she joined us 18 years ago at the request of Dr. Jack Ford and the founding families. Her dedication and selflessness have been the cornerstone of our success.

On August 13, an open house was held to honor Sister Debbie at the Mellwood Arts Center. It was an emotional ceremony with great food and friends who gathered to reminisce and pay tribute. She was presented with gifts including a handmade Tiffany-style keepsake box filled with notes from Day Spring community members and a quilt created with different pieces sewn by Day Spring residents, board, family and staff.

The night wasn't all tears and sadness. While we are all sad to see Sister Debbie go, we also expressed support and had a little fun with a slideshow of photos featuring Sister Debbie over the years and a photo booth with a "nun on the run" theme. She left the celebration with a set of scrapbook photos from the booth as a keepsake.

We would like to thank everyone that helped make this send-off special for Sister Debbie. She asked that all gifts be made in the form of a donation to the Day Spring Endowment fund. In addition, a search committee has been working to assist us in finding someone to take on the role of executive director.

Thank you Sister Debbie for 18 amazing years of service to Day Spring. You will be missed!

Sr. Debbie has requested that all farewell gifts made to the Day Spring Horizons of Hope Endowment Fund.

Attn: Michael Erskine
Day Spring
3430 Day Spring Court
Louisville, KY 40213

On-line at: www.DaySpringKy.org



Greg Timmel & Diana Schulte present a handmade community quilt to Sr. Debbie



Sr. Debbie with an "On to Belmont, North Carolina" decorated cake



Many community members had a hand in making the quilt for Sr. Debbie. To name a few (left to right) are: Kathy Miller, Rita Sheridan, Ted Buren, Anna Tanzilla and Jane Seger

Thank you to the following contributors who helped to make this evening happen

Food

Matt Mershon with Bistro 301

Quilt Expenses

Chester & Ann Baltenberger
Day Spring Residents
Jean Ernst
Jack & Gladys Ford
Jo Ann Merrick

Musical Entertainment & Photo Booth

Marcia Hayden
Donna Mueller

Entertainment

Erin Fitzgerald

Signature Photo Mat and Frame & Photography

Jan Abbott Landow

Handcrafted Tiffany Style Keepsake Box

Jeff Filcik

Table Centerpieces, Decor and Utensils

Suzy Stone

And all of the numerous volunteers who helped in preparing this wonderful event!



Day Spring Illinois Avenue groundbreaking ceremony for the Men and Women's Homes, April, 1994.

Amy Barnes - 12 Years of Service

by Sr. Debbie Kern, RSM

Amy Orthober Barnes joined the Day Spring community in March of 2000, one of the blessings of the new millennium! She began working in the women's house on Illinois Avenue as a part-time, Direct Support Professional (then called Assistant Resident Manager).

Amy came to Day Spring planning to work for a short time in order to gain experience before going to graduate school. Notes from her interview in 2000 state: 'she talked to the residents directly, answered their question and seemed to really enjoy them.' That interview was the beginning of 12+ years of exceptional commitment and service to the Day Spring Community as Direct Support Professional, Program Manager and, currently, Clinical Director.

Amy is impressive in her wisdom, professionalism and competence. With an undergraduate degree in Psychology from Bellarmine University and a Master of Art Degree

in Expressive Therapy from the University of Louisville, Amy has the tools and credentials to do many great things and she offers all of her gifts to us! Her professional posture is formed by relationships with people and those relationships guide all of her judgements and interventions. Most remarkable, however, when observing Amy, is her ever open and tender heart. She listens and speaks the language of the heart which is such a gift to those who struggle to understand and be understood. One co-worker shared her feeling that, 'Amy cares about all of us in the community.'

In addition to sharing her love and life with the Day Spring community she also shares the love of her life, her family. We know them and they know us and we are all connected through and blessed by Amy who generously shares her heart with the Day Spring community.



Maddie and Amy Barnes spent time with Sr. Rita Valade and her dog Gracie at the 2012 Day Spring Community Summer Picnic.



Amy on vacation with some of the Illinois Avenue residents in 2006 in Indianapolis, Indiana. Left to right, front row: Regi Lewis, Courtney Snyder, Jackie DeToma, Kim Hendrickson, Sr. Debbie, Ann Shallcross, Mary Ford, Cindy Cusick, Amy Barnes. Back row, left to right: Mike Willinger, Russ Owens, Alan Willoughby, Ray Goodman (former resident), Will Lee, Doug Sheridan, Jack Gollar, Christie Sheehan, Teresa Kimbel and Kenny Kimbel.

Day Spring Welcomes Bruce Spear



by Ellen Sewell, Social Services Manager

This month the men's house welcomed their newest housemate, **Bruce Spear**. Bruce has lived in Louisville his entire life and is very excited to join the Day Spring community. Bruce describes himself as being very independent and outgoing. He says that one of his best qualities is that he always has a smile on his face. Bruce is also a big sports fan, and especially likes to cheer for University of Louisville teams.

At his former job at Kentucky Kingdom, Bruce's coworkers called him the "park motivator" because he always showed up with a positive attitude and ready to work. We know that Bruce will share that same positive attitude with the Day Spring community.

Welcome home, Bruce!



2012-2013 Day Spring Board of Directors

Mr. Patrick Magill, Chair
Ms. Lynne A. Fleming, Vice-Chair
Mr. Phillip Stuecker, Treasurer
Mrs. Beth Barrett, Secretary

Mr. Jon Brugman
Mrs. Loretta DeToma
Ms. April DuVal
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Mr. Steve Mershon
Mr. Jeff Seger
Mrs. Laura Seger
Mrs. Kimberly J. Thieneman
Mr. Richard Timmel
Ms. Deborah Wade
Ms. Lynn Wilkerson

Mr. Brett Landow
Interim Executive Director
Day Spring

Four Join the Board of Directors

At our June Board meeting the **Day Spring Board of Directors** elected four new members for three-year terms. Their experience and dedication bring significant assets to the board.

Loretta DeToma

Ray Klein

Judy Jones

Jeff Seger

Day Spring's new board members add additional expertise in the areas of human relations, finance and healthcare. Two are family members and two are from our community. All of them bring a strong understanding and sense of Day Spring's vision, mission and philosophy. We look forward to their involvement and contributions.

Brett Landow
Interim Executive Director

Bowl-A-Thon: A Fun Event with Lots of Support

That's How We Roll



Thank You to our hard working Event Committee:

Becky Hance, Chair
Barbara Buren
Ted Buren
Billy Coakley
Cindy Cusick
Claudette Emery
Barbara Kalkhof
Sue Ann Metcalf
Mark Shallcross
Mary Kay Weihe
Korrina Wilson

Thank You to Our Generous Event Sponsors



Winners

Most Money Collected:
Patrick Magill
2013 Thunder VIP Passes & Marriott overnight stay:
Mark Slaten



Left to right are: Noah Gunn, Abbey Gunn, Jean Willard and Matthew Spires.



Chad Hillenbrand assisting Regi Lewis to bowl.

It was an evening enjoyed by all! Thanks to everyone for their participation, support and hard work.

Becky Hance, Bowl-A-Thon Event Chair

Annual Community Summer Picnic

June 16, 2012



Emily Barrett and her dog Charlie shared a sweet moment.



The crowd kept cool under our tent.



Tom, Patricia and Jo Ann Merrick.

We would like to thank all of the volunteers for making this event such a success. Especially "Meat Man" **Dick Barrett** for cooking the food and his "Meat Men" sidekicks **Gary Messinger, Bob Jones & Rick Oliphant** for helping too! It was a wonderful meal as usual and we appreciate all that you guys do for Day Spring. Purchase The Meat Men Bar-B-Que Sauce by contacting Michael Erskine at 636-5990 x208 or Michael.Erskine@DaySpringKy.org. Only \$5 a bottle, proceeds go to Day Spring.

